



Helping your Child with their Examination of Conscience

Questions your children can ask themselves:

- Do I remember to pray to God each day?
- Do I show respect for my parents?
- Have I been mean to anyone or teased anyone?
- Do I share with others?
- Do I treat others fairly?
- Do I make up when I fight with others?
- Have I taken things that don't belong to me?
- Have I been truthful?
- Have I been jealous of anyone?
- Do I respect my body?
- Have I worshipped God at church on Sundays?
- Do I try to see the good in people?
- Do I appreciate my family, friends, teachers, neighbors?
- Do I try to help those who may need help?
- Do I care for creation?